

IFC Services

- * *There is an awareness of social supports (formal and informal)*
- * *Utilization and engagement of social supports occur*
- * *Enhanced skill building and ability to problem solve, and resolve complex crisis has been achieved*

Services are FREE!!!!

- **Must be a resident of Delaware**
- **Must be a parent or caregiver of a child under the age of 18**
- **Family in crisis experiencing the stressors / four risk factors that could lead to Child Maltreatment**

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Contact an IFC Consultant Today!

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Intensive Family Consultation Service



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Division of Prevention and
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“Our Children, Our Future, Our Responsibility”



IFC Service Components

What is Family Consultation (IFC)?

IFC is a Community based Family Preservation / Family Support Service that uses an interactive “one on one” consultation prevention approach. The approach is strength based building on the families’ protective factors to offset and combat the negative effects of risk. IFC consultants help link families to supports to elevate an immediate stressor. IFC consultants also offer a brief case management services while families are being connected to community resources.

IFC is designed to provide supportive services to families who are experiencing a variety of complex needs associated with:

- Parent child conflict;
 - Substance abuse,
 - Family instability associated with homelessness,
- , Issues surrounding blended families,

- Unresolved mental health needs,
- Absence of supports and resources, etc.

IFC Services are designed to empower the family by giving them the tools needed to:

- Care for and protect their children,
- Improve their family functioning,
- Build connections to various support networks within their community,
- Self-Advocate.



* **One on One Intensive Consultation** – A ‘strength-based,’ skill building process where families are empowered to become the lead decision maker and learn a new way of planning.

* **Person Centered Planning** – A straightforward approach that involves planning centered on the family or child.

* **Advocacy & Collaboration** – IFC promotes advocacy as a vehicle of support whereby families become empowered to access resources, services & information. **Collaboration** is utilized as a team approach between support systems (schools, state or local agencies, faith-based organizations, etc.) to encourage the development of comprehensive plans to meet the unique and complex needs of the family.

* **Resource Connection Only** – Is available to families who have chosen not to participate in the Intensive One on One Family Consultation.

* **Priority Programming** – Additional supportive services in the areas of parenting, substance abuse, child behaviors, etc.

