



NEED ENCOURAGEMENT?  
NEED HELP COPING WITH STRESSFUL TIMES?  
NEED SERVICE REFERRALS?

**PLEASE CALL**  
**AQUILA OF DELAWARE**  
**EMOTIONAL SUPPORT LINE**

LAUNCHED FOR DELAWARE CITIZENS AFFECTED BY COVID-19

**302 266-2566**

**MONDAY THROUGH FRIDAY FROM 9 AM TO 5 PM**  
**CONTINUALLY STAFFED BY CLINICIANS & PEER SUPPORTS**

IT IS NOT COUNSELING OR THERAPY PER SAY AND DOES NOT TAKE THE PLACE OF CRISIS OR EMERGENCY SERVICES. IF IN IMMEDIATE NEED, PLEASE CONTACT EMERGENCY SERVICES (911).