

SERVICES...

Medical

All youth in placement receive medical, dental, and vision services. Referrals are provided for services that are not available on-site.

Nutrition

All youth in placement receive three healthy, balanced meals daily. Special diets are recognized and provided for youth with specific food allergies, restrictions, and religious beliefs.

Substance Abuse & Mental Health

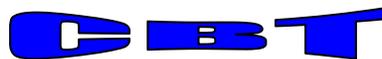
Licensed and Certified staff are available to address substance abuse and mental health needs. Services include available include assessments, medication evaluation and follow-up, individual, and group sessions.

Education

Youth are required to attend school daily and complete all assignments. Our class sizes are small and taught by certified teachers. Academic credits can be transferred to their home school and, if eligible, youth can earn a high school diploma or GED. IEP's and transition meetings are scheduled for each youth prior to leaving placement to ensure that each youth returns to the appropriate education institution within their communities.

ABOUT THE PROGRAM...

The Residential Cottages are Level IV staff secured residential treatment programs designed to address the needs of adjudicated youth and assist them in making a successful transition into the community.



Cognitive Behavioral Training, or CBT, is the behavior program used at the Residential Cottages to help youth modify the behaviors that brought them to placement. CBT has a reward and consequence system built in to the daily structure of the program to reinforce positive behavior change. The goal of the program is to change behavior by helping youth examine the beliefs and thinking patterns that happen before they behave in an inappropriate way. Once youth are aware of these thoughts, they can change these thoughts and attitudes, which will help them get along with others appropriately and be successful both within the Cottages and in society.

YOUTH OPPORTUNITIES...

Additional programming within the Residential Cottages include on and off-site activities and curriculum that are designed to build, educate, and develop youth's skill set to prepare them for re-entry to their respective communities. A variety of programs and curriculum are offered based on youth eligibility. These programs include:

- Employment & Job Readiness Training
- Anti-Bullying
- 12 Step Meetings
- Transformative Live Skills (yoga)
- Spiritual Opportunities
- Pet Therapy
- Gender Responsive Programming
- Health & Fitness
- Nutrition
- Stress Management
- Mentoring
- Relapse Prevention
- Anger Management
- Healthy Relationships
- Social Skills
- Community Service Projects
- Sex Education
- Positive Activities & Recreation
- Independent Living Skills
- Victim Sensitivity

ABOUT THE STAFF...

The **Superintendent** of the Residential Cottages is responsible for overseeing and directing all of the daily operations.

Each Residential Cottage is assigned a **Program Manager** who is responsible for managing, directing, planning, and coordinating security and treatment programs.

Each youth in placement will be assigned a **Treatment Specialist**, who provides individual counseling, individualized treatment and aftercare plans, and treatment work to address areas of difficulty. Treatment Specialists maintain contact with families, informal supports and probation officers to provide information on youth progress in the program.

The Residential Cottages are staffed with **Youth Rehabilitative Counselors** who are responsible for providing safety, security, and transportation services.

A Youth Rehabilitative Counselor Supervisor supervises the **Youth Rehabilitative Counselors** during the overnight shift. They ensure that measures are taken to maintain the safety and security of our programs.

Our **Treatment Specialist Supervisors** are responsible for supervising Treatment Specialist and Youth Rehabilitative Counselors to ensure that our treatment programs, and our behavioral modification system is implemented and adhered to.

Each youth placed in Grace and Snowden Cottages is assigned a **Family Crisis Therapist** who works closely with youth and their families to help strengthen primary supports and provide parents and youth assistance with transition needs.

Our medical team consists of a **Physician, Nurse Practitioner**, and **Registered Nurses** who provide medical services, coordinate referrals, and disperse medications. In addition, our clinical team includes a **Psychologist** and **Psychiatrist** who provides screenings, assessments, education, and treatment services as needed.

CONTACT INFORMATION



**1825 Faulkland Road
Wilmington, DE 19805**
<http://www.kids.delaware.gov/>

GRACE COTTAGE	(302)633-2530
Program Manager	(302)633-2705
Supervisors	(302)683-8562
Family Crisis Therapist	(302)633-2707
Medical Department	(302)633-3121

SNOWDEN COTTAGE	(302)892-6465
Program Manager	(302)633-2692
Supervisors	(302)633-2627
Family Crisis Therapist	(302)633-2691
Medical Department	(302)993-3821

MOWLDS COTTAGE	(302)892-6494
Program Manager	(302)892-6470
Supervisors	(302)993-3845
Medical Department	(302)993-3821

Program Psychologist	(302)633-2699
Family Crisis Therapist	
Supervisor	(302)633-2531
Cleveland White School	(302)683-8538



The Department of Services
For Children, Youth and
Their Families

Division of Youth Rehabilitative Services Residential Cottages

Our Mission: To support public safety and positive change of children, families, and communities through guidance, education and empowerment.



Grace



Snowden



Mowlds

Raheem Perkins, Superintendent