

May 2020 — Community Events

SUN	MON	TUE	WED	THU	FRI	SAT
National Foster Care Month	Mental Health Month	Trauma-Informed Care Month			1	2
3 Children's Mental Health Awareness Week	4 Champions for Children's Mental Health: Superhero Day	5 Black & African American Communities and Mental Health Zoom Discussion: 7-8 pm Champions for Children's Mental Health: Twin Day	6 A Seed of Hope Parent & Caregiver Support Group: 6:30-7:30 pm Champions for Children's Mental Health: It's OK to be different	7 Champions for Children's Mental Health: Go Green! State of the State on Trauma in Delaware: 12 pm	8 Champions for Children's Mental Health: Team up against bullying	9
10	11 Children and Family Yoga Sessions with FLYOGI: 2 p.m.	12 Black & African American Communities and Mental Health Zoom Discussion: 7-8 pm	13 Children and Family Yoga Sessions with FLYOGI: 2 p.m.	14 A Seed of Hope Parent & Caregiver Support Group: 6:30-7:30 pm A call to action: COVID's Impact on the mental health landscape, and what we can do about it: 12 pm	15	16 Virtual Block Party hosted by Youth Engagement Specialists: 2-4 pm
17	18 Children and Family Yoga Sessions with FLYOGI: 2 p.m.	19 Black & African American Communities and Mental Health Zoom Discussion: 7-8 pm Center for Child Development School Partners Virtual Meeting: 12:30 pm	20 Cultivating Our Resilience: Strategies for Those on The Front Line: 12 pm Children and Family Yoga Sessions with FLYOGI: 2 p.m.	21 A Seed of Hope Parent & Caregiver Support Group: 6:30-7:30 pm	22	23
24	25 Memorial Day Children and Family Yoga Sessions with FLYOGI: 2 p.m.	26 Black & African American Communities and Mental Health Zoom Discussion: 7-8 pm	27 Center for Child Development Parent and Community Virtual Meeting: 12:30 pm Building Community Resilience: One Voice At a Time: 12 pm Children and Family Yoga Sessions with FLYOGI: 2 p.m.	28 A Seed of Hope Parent & Caregiver Support Group: 6:30-7:30 pm	29	30
31						