Providing tips, tools, news & fun about the System Of Care (SOC) philosophy

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SOC Wrap

What I Learned in Treatment

"S" had become a chronic marijuana abuser over the past year-and-a–half and was still using after 4 months of outpatient substance abuse treatment. After he was arrested for a felony, S was presented the opportunity to enroll in the Drug Court program.

Successful discharge from Drug Court gives youth a new lease on life free of the stigma associated with negative felony drug charges. CMH determined that S's daily habit required more than regular outpatient treatment. At Phoenix Behavioral Health, S began to meet 6-8 hours per week with a therapist in intensive outpatient therapy. In the more frequent sessions therapists were able to draw S's attention to all of the factors that were placing him at risk for marijuana use. Recently the court graduated S from the program for successful completion of treatment.

Using appropriate services in the community proved to be the right recipe that led to a positive outcome for this youth. Now S is able to venture on in his journey for success equipped with the tools he learned in treatment.

Quote Corner:

"Cooking a successful recipe is a process. It doesn't end once you have cooked a successful dish. Neither does it end when you succeed in achieving the desired results from your recipe."...unknown

Here's another great "recipe for success" that you can share with your family!

Battered Fish Fillets Recipe

- 1 cup all-purpose flour
- 1 teaspoon salt
- 1 teaspoon baking powder
- 1/2 teaspoon dried dill weed
- 1/2 cup milk
- 2 eggs
- 2 pounds cod fillets
- 2 quarts vegetable oil for frying

DIRECTIONS

1. In a large bowl, mix together flour, salt, baking powder, and dill. Add milk and eggs; mix well.
2. Place fish fillets in batter mixture, coat well, and let stand for 15 minutes.
3. Heat deep fryer to 375 degrees F (190 degrees C). Place fish in hot oil, and fry until golden brown. Cook fish in batches to maintain oil temperature. Serve.

From: allrecipes.com

Figure it out!: Try these riddles out on the kids on your caseload, or in your own home, and see which one of you can come up with the answer!

1. Which word in the dictionary is spelled incorrectly?
2. Why are teddy bears never hungry?
3. Why do birds fly south?
4. What kind of bird can fly higher than a house?

Answers to "Mascot Match"

Vikings – Cape Helopen; Dragons – Glasgow; Highlanders – McKean ;
Blue Jays – Seaford; Wildcats – Howard

THINK OF THE CHILD FIRST.
DELAWARE CHILDREN'S DEPARTMENT

SOC Wrap is a publication of the Delaware Children's Department SOC in Action Work Group

Want more information? To email us directly, send an email to DSCYF_SOCInAction@state.de.us