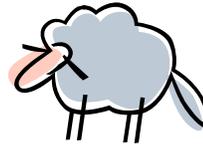


Tips, Tools, News & Fun!

# SOC Wrap



## New Name:

Our newsletter is now entitled *SOC Wrap* so we can appeal to a wider audience.

Look for new editions on the Children's Department home page:

[www.kids.delaware.gov](http://www.kids.delaware.gov)

## Good Transition Planning Begins at Admission

The System of Care philosophy emphasizes the importance of community-based care. However, there are times when youth are best served in a residential setting. The most effective residential programs meet the youth's treatment needs in a short period of time and facilitate a successful transition back to the home and community. In order to ensure an effective and supportive transition for youth, transition planning should begin the moment the youth enters residential treatment. By engaging family members, community supports and system

partners early, the team can begin putting supports and services in place, anticipate gaps and challenges and help prepare the family for the youth's return home. When the youth's needs and behaviors have presented challenges for the family, it is important to ensure supports are in place for caregivers as well. This will help them effectively manage their stress and ensure the youth's return home is as successful as possible.

*Adapted from the Intensive Aftercare Program (IAP) brief by the Center for Delinquency and Crime Policy Studies*

## Components of Effective Transition Plans:

- *Interagency collaboration*— Department, residential facility staff, providers and community partners must have a sense of shared responsibility.
- *Team-based planning*— The team should include the youth, family, interagency collaborators and informal supports.
- *Determine services and goals*— Include services to support educational, vocational, mental and behavioral health and other youth needs.
- *Consider caregiver needs*— It can be stressful to parent youth who have juvenile justice involvement and/or mental health / substance abuse needs. Caregivers may benefit from services, support and respite.
- *Monitor the youth's progress*— This will facilitate achieving goals and outcomes while allowing for periodic evaluations the plan.

*Adapted from Transition Planning and Services by the National Center on Education, Disability and Juvenile Justice*

## Cryptogram: decode the following words

ufbn

sftjefoujbm

usbotjujpo

dpnnvojuz

tztufn pg dbsf

Look for the Answers in our April edition!

**February Matching Answers:** Bastille Day - France, Lantern Festival - China, San Martino - Italy, Culture Day - India, Burning the Devil - Guatemala, Anzac Day - Australia, Victory Day - Russia, Youth Day - South Africa, Spring Day - Spain, Three Kings Day - Puerto Rico

