

## ***Training Descriptions Continued***

### **School Tools: Advocating for Your Youth**

Description: This workshop will focus on providing foster families with **direction and tools to support foster children's academic success.** The facilitator will provide direction on accessing the schools, Home Access Center (HAC) that tracks children educational progress. Caregivers will be given tips on how to advocate for children in their home and what caregivers themselves can do to support academic success.

### **Taking Care Of Yourself So You Can Take Care**

Description: The primary instruction you receive in an airplane flight crisis is to first place your emergency mask on yourself, before attempting to assist another individual. The same holds true for handling unanticipated foster care challenges, urgent complications, and potentially disastrous situations. You must be able to first take care of yourself, before you can effectively take care of foster youth. This workshop will provide various techniques designed to prevent care exhaustion, and others that provide renewed replenishment if care burnout has occurred.

### **Suicide Prevention (Teens)**

Description: Suicide does not discriminate. Did you know that several youth in Delaware have committed suicide this year? Learn the signs, symptoms, and where to seek help.

### **Teenagers Need Love Too**

Description: The ways we demonstrate care and nurturing to young children is generally different than the ways we communicate affection and emotional endearment to adolescents. However, the need for love and connectedness in both age groups is often more similar than we realize. Yes, even teens that appear to reject or disregard familial expressions of love, still need it very much. This workshop will provide effective tips and suggestions for meeting **teen's continued needs of attachment, acceptance, value, care, and nurturing.**

### **What's Love Got To Do With It?: The Unbreakable Bond**

Description: Tina Turner asked the question years ago. The answer; at least in foster care, is that love has everything to do with it. Many foster youth maintain an unbreakable bond to biological parents and family, despite the reality of whatever abuse, neglect, dysfunction, or parenting inability/unwillingness that necessitated foster care placement. This workshop will explore the strengths and positives of this unique love bond with the family of origin; and will also offer coping suggestions to address the other less desired challenges that sometime accompany this relationship bond.

### **What About the Meds?**

Description: Many caregivers feel the frustration of caring for a child with a behavioral or emotional disorder, but many other families are in the same situation. According to one study, over 4 million children ages 9 to 17 have some kind of emotional or behavioral problem that affects their daily living. This workshop will help foster parents to be able to talk openly with your **child's doctor or other health care provider about medications, what questions to ask and how to manage medications for children in your home.**

***It's time to register for:***

***Life Changers:  
Impacting today for a better tomorrow!***



***The 2012 Foster Parent Conference and  
Recognition Banquet  
May 31, 2012***

*Dear Foster Parents:*

*Within this brochure is the information you will need to register for the 2012 foster parent conference and recognition banquet. The one day event will feature 11 trainings to which you can attend. The trainings and their descriptions are listed inside this brochure. Please review all of the trainings and decide upon which ones you would like to attend. There will be two 45 minute trainings in the morning and two 45 minute trainings in the afternoon.*

*Don't forget!  
If you spend the day with us and attend the trainings, you will receive 6 hours of training credits towards your annual training credit requirements.*

*A continental breakfast, luncheon, and snacks and beverages will be provided throughout the day!*

***Please register by May 21, 2012.***

*To register for your trainings, please call  
Prevent Child Abuse Delaware at 302-425-7490.  
You may also fax your registration form to 302-425-7494.*

*If you should have any other questions, please contact  
Kate Gallagher at 302-633-2664.*

*We look forward to seeing you there!*

Please select the workshops you would like to attend and call Prevent Child Abuse Delaware to register by calling 302-425-7490. If you would like, you can also fax the page below to Prevent Child Abuse Delaware at 302-425-7494.

## Training Descriptions

Workshop	Session 1 Workshops	Room Location
<input type="checkbox"/> 1A:	Beyond Care	The Corporate Room
<input type="checkbox"/> 1B:	Recipe for Success	The Siena Room
<input type="checkbox"/> 1C:	The ABCs of the Courts	The Venetian Room
<input type="checkbox"/> 1D:	What About the Meds?	The Verona Room
<b>Session 2 Workshops</b>		
<input type="checkbox"/> 2A:	Beyond Care	The Corporate Room
<input type="checkbox"/> 2B:	Suicide Prevention (Teens)	The Siena Room
<input type="checkbox"/> 2C:	School Tools: Advocating For Your Youth	The Venetian Room
<input type="checkbox"/> 2D:	Teenagers Need Love Too	The Verona Room
<b>Session 3 Workshops</b>		
<input type="checkbox"/> 3A:	Getting to the Heart of It All: Five Fundamentals of Outstanding Foster Parenting	The Corporate Room
<input type="checkbox"/> 3B:	<b>What's Love Got To Do With It:</b> The Unbreakable Bond	The Siena Room
<input type="checkbox"/> 3C:	Take Care of Yourself So You Can Take Care	The Venetian Room
<input type="checkbox"/> 3D:	Teenagers Need Love Too	The Verona Room
<b>Session 4 Workshops</b>		
<input type="checkbox"/> 4A:	Getting to the Heart of It All: Five Fundamentals of Outstanding Foster Parenting	The Corporate Room
<input type="checkbox"/> 4B:	<b>What's Love Got To Do With It:</b> The Unbreakable Bond	The Siena Room
<input type="checkbox"/> 4C:	Take Care of Yourself So You Can Take Care	The Venetian Room
<input type="checkbox"/> 4D:	<b>Sexual Behavior: What's Normal &amp; What's Not?</b>	The Verona Room

### The ABCs of the Court

Description: Foster parents are often affected by the court process when the children in their care go on visits with their parents, are reunited with their families, the parents' rights are terminated or when the child is adopted. For many this can be an overwhelming experience and understanding the system can help with these feelings and experiences. This workshop will help participants understand how a case moves through family court, what purpose the different hearings serve, what the advocates' jobs are and what your role as a foster parent is in this process.

### Beyond Care

Description: This workshop is designed to better familiarize foster parents with the realistic obstacles faced by teens aging out of foster care: housing, employment, finances, life planning, identifying and maintaining a healthy support system. Approaching life after foster care can be intimidating. Youth are often faced with many obstacles which can appear challenging and completely overwhelming. In this workshop you will hear real life testimony from a youth transitioning out of foster care. It is our hope that this workshop will provide you with knowledge and information to better assist you in supporting your foster child as they transition into adulthood.

### Getting to the Heart of It

Description: This workshop will highlight five of the fundamental traits that make a foster parent effective in caring for abused and neglected children. This workshop will offer strategies, practical advice and support to foster parents as they strive to provide the best quality of care.

### Recipe for Success

Description: This workshop will focus on the necessary ingredients of a positive relationship between case workers and foster parents. They are crucial in meeting the needs of children in care that foster parents and case workers communicate well and work as a team. A panel of foster parents and workers will discuss the tools needed to have a positive working relationship.

### Sexual Behavior: What's Normal & What's Not?

Description: Everyone knows that it is normal for a child to wonder and ask, "Why?" Sexual development is no different. This workshop will help you understand age typical sexual development by giving you an overview of age appropriate mannerism and questions. Together, our expert on sexual development will help foster parents understand sexual development and what is considered normal; as opposed to symptoms of sexual abuse.

Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Please see the back page for additional trainings. Thank you!