

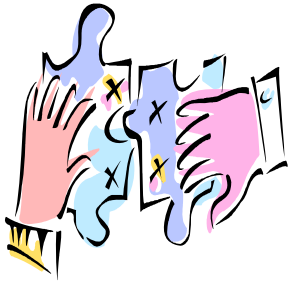
## How We Work With You

### **Prevention and Early Intervention**

**Services** are offered statewide, directly to children and families through community programs and schools. These services focus on supporting healthy children, families, and communities.

**At the outpatient service level**, the outpatient service provider will work directly with you and your family.

**For all children receiving a service more intensive than outpatient only**, a DPBHS clinical coordinator will guide you through every step of the service planning



process and be there to answer your questions and concerns. Your coordinator will work with you to plan individualized and integrated services for your child and family.

- You'll get a "Handbook for Child/Family Entering Care with DPBHS".
- Your family will be part of making decisions about treatment.
- Information about your child and family will be kept confidential.
- Our services are voluntary: you choose whether or not to use them.
- When a child is active with any other Division in the Department of Services for Children, Youth and Their Families (child welfare or juvenile justice) or with other agencies, we will work with your family to coordinate your child's services.



**Need more information?  
Unsure how to get help?**

**From 8:00 to 4:30 weekdays,  
Call:**

**302-633-2571 or  
1-800-722-7710 or e-mail  
DSCYF\_Intake\_General@ state.de.us**

**Crisis Services:  
1-800-969-HELP (4357)**

**You can also visit us online at:  
[www.kids.delaware.gov](http://www.kids.delaware.gov)**

**For additional information, visit:**

**[www.doe.k12.de.us/infosuites/staff/cmh](http://www.doe.k12.de.us/infosuites/staff/cmh)**



Revision Date: March, 2015

## **Division of Prevention and Behavioral Health Services**

### **ACCESSING PREVENTION , BEHAVIORAL AND SUBSTANCE ABUSE SERVICES IN DELAWARE**



**Children and Families ~  
Reaching Their Fullest Potential**

**Department of Services  
for Children, Youth and  
Their Families**

## Who We Are

The Division of Prevention and Behavioral Health Services (**DPBHS**) provides prevention services, early intervention services and public behavioral healthcare to children and their families statewide. Our mission is to provide effective prevention and treatment services for children through collaboration with families and service partners.

## Who We Serve

We provide **voluntary** prevention, early intervention, behavioral health and substance abuse counseling and other treatment services to children through age 17. We help those children who:

- are without insurance; or
- are enrolled in Medicaid or CHIP *and* who require services more intensive than 30 hours of outpatient treatment in the Medicaid basic child health benefit provided through Managed Care Organizations (MCOs)

Please note: For children with private insurance and/or Medicaid, parents are encouraged to reference their insurance card for mental health/behavioral health services.

## Our Services Include

- Prevention/Early Intervention Services
- Information and Referral
- Child Priority Response (Crisis)
- Outpatient Services
- Behavioral Health Aides
- Therapeutic Respite
- Day Treatment
- Individual Residential Treatment
- Residential Treatment
- Psychiatric Hospital
- Early Childhood Mental Health Consultation

## Child Priority Response (Crisis)

When a child is in a behavioral health or substance abuse crisis and could cause self-harm or harm someone else or has recently been exposed to a traumatic or violent event, call:

**TOLL FREE:  
1-800-969-HELP (4357)**

Child Priority Response (Crisis) service includes:

- Statewide on-site response when needed
- Mental health risk assessment
- Intensive follow-up care for child/family for up to 30 days in child's home/school/community
- Short-term supervised crisis bed for clinical observation and safety when indicated

Our Child Priority Response service may not transport or use physical restraint with any child due to legal and safety issues. If you are experiencing a medical emergency, please call 911 first.



DPBHS is a CARF-Accredited Organization

## Behavioral Health Treatment in Your Community

Outpatient Services include mental health (MH) and/or substance abuse (SA) assessments and therapy (individual/family/group). You may **DIRECTLY CALL** any of the providers listed below for an appointment to access these services as there is no pre-authorization necessary. If more intensive services are needed, these providers will refer children and families to DPBHS.

All phone numbers below begin with area code 302.

### **NEW CASTLE COUNTY**

A Center for Mental Wellness (MH) 266-6200	Crossroads (SA) 652-1405	Latin American Community Center (MH) 295-2160
Aquila (MH & SA) 999-1106	Delaware Guidance Services (MH) 652-3948	Mid Atlantic Behavioral Health (MH) 224-1400
Brandywine Counseling and Community Services (MH & SA) 656-2348	Jewish Family Services (MH) 478-9411	SODAT (SA) 656-4044
Catholic Charities (MH & SA) 655-9624		

### **KENT COUNTY**

A Center for Mental Wellness (MH) 674-1397	Crossroads (SA) 744-9999	Kent-Sussex Counseling Services (MH & SA) 735-7790
Brandywine Counseling and Community Services (MH & SA) 346-5080	Delaware Guidance Services (MH) 678-3020	People's Place (MH) 422-8026
Catholic Charities (MH) 674-1600	Fellowship Health Resources (MH) 672-7015	SODAT (SA) 656-4044

### **SUSSEX COUNTY**

A Center for Mental Wellness (MH) 531-7661	Delaware Guidance Services (MH) 645-5338	Kent-Sussex Counseling Services (MH & SA) 735-7790
Aquila (MH & SA) 856-9746	Fellowship Health Resources (MH) 934-1861	People's Place (MH) 422-8026
Catholic Charities (MH & SA) 856-9578		

**FOR MORE INFORMATION PLEASE VISIT :  
[WWW.kids.delaware.gov](http://WWW.kids.delaware.gov)**