

DELCARE RULE GUIDANCE AND TECHNICAL ASSISTANCE BULLETIN LFCCH 2012-2

DELCARE RULE 164, These Rules cover requirements for CPR and First Aid training for Staff.

Intent:

To protect the health of children in care by ensuring that there are persons who have current training in CPR and First Aid on-staff at all hours of operations and during all activities. Having appropriately trained personnel to respond to a medical emergency until such time as appropriate medical professionals and/or emergency responders are available, if needed can contribute to a positive outcome. Based on best practices and national standards of the American Heart Association and the American Red Cross effective CPR and First Aid training includes a demonstration of skills.

Documentation:

Copy of current CPR and First Aid care maintained in individual Staff personnel folder.

Clarification:

Training, which is a totally on-line format, will not be accepted by OCCL as meeting the standard for CPR and First Aid under Delcare. OCCL looks to guidance on this matter from *Caring for Our Children* which states that "CPR skills should be taught by demonstration, practice, and return demonstration to ensure the technique can be performed in an emergency." [p.24]

The national offices of the American Heart Association and the American Red Cross, neither entity endorses on-line only CPR training.

CPR and First Aid training are available from the following local resources:

Provider	Phone Number	Toll-Free Phone Number
American Red Cross of Delmarva	302-656-6620	800-777-6620
Bayhealth Medical Center	302-744-7135	
Beacon Safety	302-428-6073	877-678-8600
Beebe Medical Center	302-654-3248	
Emergency Management Consultant	302-739-4773	
Epilepsy Foundation of Delaware	302-324-4455	
First State Safety Services	302-292-1368	

Health Care Program	302-777-3900
Heart Start Emergency Response Training	302-420-1917
In a Heartbeat	610-274-8946
Make-A-Difference Training Center	302-792-0542

Other potential acceptable options, when available:

American Red Cross (ARC)—usually offers face to face classes because the skills portion must be demonstrated; occasionally they will offer a “blended learning” class where part can be completed on-line and part completed in-person. This is not offered often; nothing is currently scheduled. The fee for full face-to-face classes is currently \$90 for new certifications; \$70 for renewals.

American Heart Association (AHA)—offers face to face classes OR a 2 part class where one part is completed on-line (the course work) and a second part is completed locally once the participant prints a certificate showing successful completion of part 1 (to be eligible for part 2 must score at least an 84% on the test). Cost varies as providers are independent contractors and can set their own fees. The on-line portion is \$39.95 from AHA plus whatever the independent contract charges. Independent contractors are able to use the AHA course materials.

July 23, 2012

Dear Owners and Providers:

The Office of Child Care Licensing is requesting that you carefully review the enclosed Guidance and Technical Assistance Bulletin. This is being issued because some Early Care and Education and School Age personnel have presented certificates for on-line CPR and First Aid to demonstrate meeting qualifications and annual training requirements.

This letter is to alert that training for **CPR and First Aid which is taken in a totally on-line format is not acceptable**. The Guidance and Technical Assistance Bulletin included with this correspondence provides additional information regarding the basis for this decision and to help you maintain compliance with Delacare regulations. .

We look forward to your cooperation and vigilance in this matter. Please contact your Licensing Specialist if you have any questions about this.

Sincerely,

Patricia Quinn, Administrator