

MORE FREE TRAINING SESSIONS

Helping Young Children with Disruptive Behaviors: A Unique Approach

**Delaware's
B.E.S.T.
For Young
Children**



Cheryl McNeil, Ph.D., presenter



**Division of Child
Mental Health
Services
Delaware
Children's
Department**

Early intervention for children with such behaviors is a national priority. In this workshop you will learn about a unique, short-term parent training approach that can be applied to multiple settings. Dr. McNeil has developed Parent-Child Interaction Therapy (PCIT), an evidence-based intervention designed to change defiant and aggressive behavior in young children (3-6 years) and to prevent future antisocial behaviors as these children enter middle childhood and adolescence. PCIT is unique in that it is a **short-term adult training** approach that involves **direct coaching** of parents or other adult-child interactions and is **guided by observational information** collected in each session. Adults receive immediate guidance on their use of **behavior play therapy techniques** to develop attachment and behavior management skills that strengthen the child's cooperation and compliance. **This workshop is for parent educators, counselors, childcare and education providers, mental health professionals and social workers.**

Delaware's Division of Child Mental Health Services is training Delaware therapists to use this intervention. Information will also be provided about how to make an informed referral of a child/family for this intervention.

Monday, August 17, 2009

8:30 am - Noon
Sheraton Hotel and Conference Center OR
1570 North DuPont Highway
Dover, DE 19901

Saturday, September 12, 2009

8:30 am - noon
Clayton Hall, University of Delaware
Rt. 896/New London Road
Newark, DE 19716

There is NO registration fee - includes continental breakfast (free parking)
Level I Training - Certificate of Attendance: Positive Behavior Management

To register (easy as 1, 2 or 3!):

- 1) **CALL:** Leah Cochran, 302-781-3210 or 781-3224, Div. of Child Mental Health Services
- 2) **EMAIL** the information below to Leah.Cochran@state.de.us:

DATE/PLACE of WORKSHOP: August 17 DOVER or September 12 NEWARK

Name: _____ Organization: _____

Address: _____

Phone: _____ E-mail: _____

OR 3) **FAX** the completed form above to: Leah Cochran, DCMHS at 302-453-4112