
The Delaware Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Roster

What is the Delaware TF-CBT Roster?

Family members, professionals and members of the public can use this roster to find a trained specialist in the treatment of child and family trauma.

The roster is a publicly available listing of trainees and successful program graduates of the Delaware Children's Department's Division of Prevention and Behavioral Health Services (DPBHS). DPBHS has a clinical training program designed to train mental health professionals with at least a master's degree and experience to use the **Trauma-Focused Cognitive Behavioral Therapy** intervention developed by Esther Deblinger, Ph.D., Judith Cohen, M.D. and Anthony Mannarino with fidelity to the model. DPBHS has trained clinicians in this treatment to provide **effective, trauma-specific treatment for children with physical and/or sexual abuse, neglect, a history of witnessing violence (community or domestic violence) or experience with a traumatic event (e.g. car accident).**

Symptoms of child traumatic stress include but are not limited to:

- Repeated, upsetting memories of the traumatic event
- Flashbacks, reliving the experience
- Very upset by sights, sounds, smells which trigger memory of the traumatic event
- Avoiding places or people that are reminders of the event
- Being easily startled
- Showing very little emotion, seeming "numb" regarding the event
- Frequent nightmares
- Difficulty sleeping
- Difficulty concentrating
- Lack of interest in usual activities or personal relationships they once enjoyed

TF-CBT is a psychosocial treatment model designed to treat posttraumatic stress and related emotional and behavioral problems in children and adolescents and is listed as an evidence-based practice on the U.S. Substance Abuse and Mental Health Services Administration website: the National Registry of Evidence-based Programs and Practices (NREPP) with a quality of research rating of 3.8 on a scale of 4.0. The link to that website for TF-CBT is:

<http://www.nrepp.samhsa.gov/>

For general information about child traumatic stress, the website of the National Child Traumatic Stress Network (federally funded organization) is www.nctsn.org. It has information specifically designed for interest groups like parents, schools, etc... DPBHS is a member of the NCTSN and the training provided to Delaware clinicians is part of a very competitive federal grant obtained by DPBHS.

Disclaimer: As a public service, the Division of Prevention and Behavioral Health Services of the Delaware Children's Department has developed this roster which contains a list of trainees and graduates it has trained in TF-CBT. Neither DPBHS nor its providers nor its funders provide official endorsement of the clinicians included on our roster. This listing of clinicians is available for information

purposes only; this listing is not meant to replace consultation with your physician or mental health professional. The views and opinions of clinicians listed do not necessarily state or reflect those of DPBHS or the State of Delaware.

The Delaware Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Roster*

Clinicians with an asterisk by their names (*) will accept referrals of YOUNG CHILDREN and have received additional training in using TF-CBT with young children.

*Unless otherwise indicated, **ALL clinicians on this roster accept third party payment as well as Medicaid Managed Care as payment for services.***

Adkins, Brittany	Brittany Hazzard, MSW Delaware Guidance Services 900 Health Services Drive Seaford, DE 19973 Phone: 302-262-3505	Berkel, Kier	Kier Berkel, LPCMH Affordable Psychotherapy 19 Lambson Lane New Castle, De 19720 302-740-8996
Alatur, Oya	Oya Alatur, LCSW Delaware Guidance Services 1213 Delaware Avenue Wilmington, DE 19806 Phone: 302-652-3948	Bloomer, Anna	Anna Bloomer St Francis Family Practice 701 N. Clayton St Suite 200 Wilmington De 19805 Phone: 302-575-8040
Basel, Charles	Charles H. Basel III MAPC Fellowship Health Resources 505 W. Market St. Suite 110 Georgetown, De 19947 302-722-3559	Boone, Malia	Malia Boone LPCMH Delaware Guidance Services 103 Mount Blanc Blvd. Dover, DE 19901 Phone: 302-678-3020
Bennett, Stav*	Stav Bennett, LPCMH 1991 S. State St Dover, DE 19901 Phone: 302-897-5419 ** Not a DPBHS provider	Chambers, Cheryl	Cheryl Chambers Milford Phone: 302-393-3854
Berger, Brandi	Brandi Berger, LPCMH, NCC A Center for Mental Wellness 25 South Old Baltimore Pike Suite #201, Lafayette Building 1 Christiana, DE 19702 Phone: 302-266-6200	Cherrix, Natalie	Natalie Cherrix, LCSW 561 N. Hall St. Seaford, 19973 Phone: 302-682-9025 (ages 12+) ** Not a DPBHS provider
		Cherry, Kathleen	Kathleen Cherry Psy.D. Mid-Atlantic Behavioral Health 910 South Chapel St. Suite 102 Newark, DE 19713 Phone: 302-224-1400

Coleman, Norwood	Norwood Coleman, LCSW Embracing Hope LLC Newport, DE 19804 Phone: 302-981-2763 ** Not a DPBHS provider	Farside, Brenda	Brenda Farside, LCSW DBA Kindred Counseling 3519 Silverside Road, Ridgely 101-B Wilmington, DE 19810 Phone: 302-438-2796 **Not a DPBHS provider
Corbett, Doris	Doris Corbett, LPCMH, M.Ed Hand in Hand Counseling 523 Capitol Trail Newark De. 19711 302-763-3337	Figuroa, Giannina	Giannina Figuroa, LACMH Open Door 254 E. Main St Suite 100 Newark, De. 19711 Phone: 302- 731-1504
Cottman, Alicia	Alicia Cottman Catholic Charities 2601 W.4th Street Wilmington, DE 19805 Phone: 302-655-9624 (ages 12+)	Gonzalez, Ada	Ada Gonzalez, Ph.D. The Mind and Body Consortium 1151 Walker Road Dover, DE 19904 Phone: 302-674-2380 Phone: 302-730-1122 (Spanish-Speaking, Bilingual) ** Not a DPBHS provider
Darby, Lisa	Lisa Darby LCSW Mid Atlantic Behavioral Health 910 South Chapel St. Ste.102 Newark, DE 19713 Phone: 302-224-1400	Goodnight, Linda	Linda Goodnight, LCSW A Center for Mental Wellness 121 W. Loockerman St Dover De. 19904 Phone: 302-674-1397
Dash, Danielle	Danielle Dash LPCMH Delaware Guidance Services 103 Mount Blanc Boulevard Dover, DE 19904 Phone: 302-678-3020	Hayes, John	John Hayes Children and Family First 410 S. Bedford St. Georgetown, De. 19947 302-856-2388
Dukes, Jeanne Doe	Jeanne Doe Dukes, LCSW Lewes Counseling 32314 Lewes-Georgetown Highway Lewes, DE 19958 Phone: 302-430-2127 (ages 5+) ** Not a DPBHS provider	Hemmerich, Antoinette	Antoinette Hemmerich LPCMH 117 Schley Avenue Lewes, DE 19958 (302) 260-0605
Early, Tim	Tim Early, LPCMH Delaware Guidance Services 103 Mont Blanc Boulevard Dover, DE 19904 Phone: 302-678-3020	Horton, Matthew	Matthew Horton Jewish Family Services 99 Passmore Drive Wilmington De. 19803 Phone: 302-478-9411

Hynson, Shanette	Shanette Hynson Seaford House 400 N. Market St. Seaford, De. 19973 302-629-2996	McLaughlin, Peggy	Peggy McLaughlin, MSCC Catholic Charities 2601 W. 4th Street Wilmington, DE 19805 Phone: 302-655-9624 (ages 12+)
Jester, Tiffany	Tiffany Jester, MS, NCC Delaware Guidance Services 103 Mont Blanc Boulevard Dover, DE 19904	Miller, Deborah*	Deborah Miller, LCSW Lighthouse Therapy Center 30838 Vines Creek Road, Suite 2B Dagsboro, DE 19939 Phone: 302-732-1310 ** Not a DPBHS provider
Joselow, Beth	Beth Joselow, LPCMH, NCC The Tides Behavioral Health 117 Schley Avenue Lewes, DE 19958 Phone: 302-703-2255 **Not a DPBHS provider	Moores, Stephen*	Stephen Moores, MC, LPCMH Delaware Guidance Services Polly Drummond Office Park Building 1, Suite 1208 Newark, DE 19711 Phone: 302-455-9333
Kotak, Geeta	Geeta Kotak, A Seed of Hope Counseling 1601 Milltown Road, Suite 1 Wilmington De 19808 Phone: 484-971-7651	Morrison, Pam	Pam Morrison LPCMH, NCC New Directions Consulting Group 951 Forest Street Dover, DE 19901 Phone: 302-674-5200 **Not a DPBHS provider
Lanouette, Christina	Christina Lanouette , LCSW Center for Mental Wellness 121 W. Lookerman St. Dover, DE 19904 Phone: 302-674-1397		23105 Unit 4, Berlin Road Georgetown, De 19947 Phone: 302-856-4505 **Not a DPBHS provider
Lonergan, Linda	Linda Lonergan, MS, NCC 2644 Kirkwood Hwy Newark, De 19711		
Mahoney, Jenna	Jenna Mahoney, MA Center for Mental Wellness 121 W. Lookerman St. Dover, DE 19904 Phone: 302-674-1397	Mullen, Julius	Julius Mullen, Sr., Ed.D, LPCMH Children and Families First 410 S. Bedford St Georgetown, DE 19947 Phone: 302-856-2388 ** Not a DPBHS provider
Mason, Larita	Larita Mason, M.A., NCC Jewish Family Services 99 Passmore Dr. Wilmington, De. 19803 Phone: 302-478-9411	Mullen, Natasha	Natasha Mullen, M.ED, LPCMH 1330 Middleford Rd Suite 302 Seaford, DE 19973 Phone: 302-536-1395

Myers, Brandy	Brandy Ash Myers, NCC A Center for Mental Wellness 321 Stein Highway Seaford, DE 19973 (302) 593-2550	Redman-Brown, Robin*	Robin Redman LPCMH The Delaware Family Center 3608 Lancaster Pike Wilmington, DE 19805 Phone: 302-932-0921 **Not a DPBHS Provider
Newman, David	David P. Newman, MA New Behavioral Health 240 North James Street Suite 203 Newport, DE 19804 Phone: 302-892-9210	Repka, Denise	Denise Repka, LCSW Growth and Change Counseling 1500 Shallcross Avenue, Suite 2 Wilmington, DE 19806 Phone: 302-598-0531 (ages 15+) ** Not a DPBHS provider
Parcher, David	David Parcher, LPCMH, LCPC, CCS Kent-Sussex Community Services 1241 College Pk. Dr. Dover, DE, 19904 Phone: 302-735-7790 ***Not a DPBHS Provider	Rose, Roxana*	Roxana Rose, LCSW Delaware Guidance Services 1213 Delaware Avenue Wilmington, DE 19806 Phone: 302-652-3948 (Spanish-speaking, bilingual)
Petit, Mia	Mia Petit Delaware Guidance Services 103 Mont Blanc Dover, De. 19904 Phone: 302-678-3020	Serravalle, Angela	Integrative Psychology Group 300 Creekview Dr. Suite 101 Newark De. 19713 Phone: 302-307-3702 ext. 4
Pitts, Penelope	Penelope Pitts, LPCMH, NCC Fellowship Health Resources 505 W. Market St Suite 110 Georgetown, De. 19947 Phone: 302-854-0626 ext. 1785	Shockley, Pamela	Pamela Shockley, LCSW Center for Mental Wellness 121 W. Loockerman St. Dover, DE 19904 Phone: 302-674-1397
Porter, Edith	Edith Porter Mid Atlantic Behavioral Health 910 South Chapel St. Newark, DE 19713 Phone: 302-224-1400	Smith, Perrin	Perrin Smith LCSW Henlopen Behavioral Health 1632 Savannah Rd. Unit 5 Lewes, De. 19958 Phone: 302-644-1224 ** Not a DPBHS provider
Rabidou, Sandy	Sandy Rabidou LCSW Mid Atlantic Behavioral Health 910 South Chapel St. Newark, DE 19713 Phone: 302-224-1400	Snyder, Kathryn	Kathryn Snyder 113 West North St Georgetown, DE. 19947 Phone: 302-381-7283

Stamatiadis, Polixeni Jenny	Polixeni Jenny Stamatiadis, LCSW Growth and Challenge Counseling 1500 Shallcross Avenue, Suite 2 Wilmington, DE 19806 Phone: 302-598-0531 (ages 15+) ***Not a DPBHS Provider	Williams, Kim	Kim Williams Child Inc. 507 Philadelphia Pike Wilmington, DE 19809 Phone: 302-762-8989 (domestic violence cases only) **Not a DPBHS provider
Steele, Victoria	Victoria Steele, M.S. Center for Mental Wellness 121 W. Loockerman St. Dover, DE 19904 Phone: 302-674-1397	Winder, Teneshia	Children and Family First 91 Wolf Creek Boulevard Suite 1 Dover, De 19901 Phone: 302-674-5177
Swift, John	John Swift, LACMH A Seed of Hope Counseling 1601 Milltown Road, Suite 1 Wilmington De 19808 Phone: 484-971-7651		
Thompson, Kimberly	Kimberly Thompson, M.S A Center for Mental Wellness 121 W. Loockerman St. Dover De. 19904 Phone: 302-674-1397		
Walker, Brandy	Brandy Walker Children and Family First 91 Wolf Creek Boulevard Suite 1 Dover, De. 19901 Phone: 302-674-5177		
Vaughn, Mary	Mary Vaughn, Psy.D. Appel and Wilson, LLC 24 Hiawatha Lane Dover, DE 19904 Phone: 302-678-0213 ** Not a DPBHS provider		
Washington, Tracy	Tracy Washington MSW Psychotherapeutic Services Inc. 630 W. Division Street, Suite F Dover, DE 19904 Phone: 302-672-7159		