



# Application

## Early Childhood Mental Health Consultation

Program Name: \_\_\_\_\_

Program Director Name / Signature: \_\_\_\_\_

Program Address: \_\_\_\_\_

Phone #: \_\_\_\_\_

Total # of Children in Care: \_\_\_\_\_

Estimated % of Children with Purchase of Care Assistance: \_\_\_\_\_

Reason Consultation is Requested: \_\_\_\_\_

Stars participant?  No  Yes

If Yes, Stars Level: \_\_\_\_\_

Stars TA Consultant: \_\_\_\_\_

Email Application to:  
DSCYF\_ECMHS@state.de.us



# ECMHC

*Building capacity and improving abilities in early childhood programs*

Funding for ECMHC is provided through Delaware's Child Care Development Fund through the Division of Social Services of the Department of Health and Social Services. Additional support is provided by the Delaware Children's Department, Division of Prevention and Behavioral Health Services' through an Early Learning Challenge grant from the U.S. Department of Education provided by the Delaware Office of Early Learning. The views, policies and opinions expressed do not necessarily reflect those of U. S. DOE.

For more information on the ECMHC service:

EMAIL: [DSCYF\\_ECMHS@state.de.us](mailto:DSCYF_ECMHS@state.de.us)

OR

CALL or TEXT: 302-256-9308



Delaware Children's Department  
Division of Prevention and Behavioral Health Services

Rev. 12/2015



# Early Childhood Mental Health Consultation

A Partnership with Providers of Early Care and Education Programs



A free service offered through the...

Delaware Children's Department  
Division of Prevention and Behavioral Health Services



# ECMHC Partnership

*A partnership with providers of early care and education programs*

The Division of Prevention and Behavioral Health Services (DPBHS) offers Early Childhood Mental Health Consultation as a free service and a partnership with Delaware early childhood education programs — with a focus on children 2-5 years of age.

All consultants are licensed mental health professionals with experience working in early learning settings. The commitment and collaboration of the center's director and staff, along with a child's parents or caregivers is essential to a successful partnership.



## What is ECMHC Service?

### Early Childhood Mental Health Consultation

ECMHC is a free service that is effective in addressing and supporting young children's social and emotional development in early care and education settings. It is a capacity building and problem solving intervention implemented within a collaborative relationship between the consultant and early care and education provider as well as the child's family.

Through onsite consultation, training and coaching from clinically licensed Early Childhood Mental Health Consultants, early educators are obtaining the tools necessary for behavior management in the classroom to ultimately reduce incidents of disruptive behaviors, build collaborative relationships and enhance social and emotional skills in children.



*"The most challenging issue in early childhood education today is behavior management ... maintaining a balance between aggressive behaviors while providing quality education to all."*

*"With ECMHC, we are investing in a child's future as well as the success of our future students."*

*"Within 30 days of ECMHC, we experienced dramatic improvements in the classroom. Teachers gained hands-on knowledge, which enhanced our program and created an environment where all children can learn and succeed."*



#### ECMHC can help your program:

- Develop problem-solving interventions to reduce incidents of disruptive classroom behaviors;
- Build collaborative relationship between mental health professionals, early learning providers and caregivers;
- Strengthen skills of teaching staff to work with children who have social and emotional challenges;
- Enhance relationships with children in care; and
- Reduce teacher and caregiver stress.

